



## NUTRITIONAL ANALYSIS (PER 100 GRAMS)

|                     |          |
|---------------------|----------|
| Calories            | 432 Cal  |
| Calories from Fat   | 99 Cal   |
| Total Fat           | 10.99 g  |
| Saturated Fat       | 0.92 g   |
| Cholesterol         | 0.0 mg   |
| Phytosterols        | 2.8 mg   |
| Total Carbohydrates | 77.87 g  |
| Sugars              | 13.21 g  |
| Dietary Fiber       | 45.9 g   |
| Protein             | 5.38 g   |
| Moisture            | 4.60 g   |
| Ash                 | 1.16 g   |
| Vitamin A           | 892 IU   |
| Vitamin C           | 19.4 mg  |
| Vitamin D           | 0 IU     |
| Vitamin E           | 0 IU     |
| Calcium             | 60.4 mg  |
| Iron                | 6.61 mg  |
| Copper              | 0.4 mg   |
| Magnesium           | 49.5 mg  |
| Niacin              | 0.75 mg  |
| Phosphorus          | 139.4 mg |
| Iodine              | 0.0 mg   |
| Riboflavin          | 0.70 mg  |
| Sodium              | 3.7 mg   |
| Potassium           | 444.2 mg |
| Thiamine            | 0.24 mg  |
| Zinc                | 1.8 mg   |

U.S. Patents (5,474,774, 5,525,341, 5,646,178, 5,650,432), U.K. Patent (0752871), Australian Patents (703158, 708657)



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